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PERSONAL SPACE

Women leading hectic lives is nothing new—it's simply a fact of modern living. What's well worth remembering though, in the midst of the "madness," is the restorative power of taking time out—carving a moment of private time that indulges the senses, the creative urge, the mind, the body, and sometimes all of the above.

Produced by Char Hatch Langos
Photographs by Grey Crawford





Running your own events business isn't easy. And when that business specializes in cocktail parties, let's just say that many evenings aren't your own. Alexandra Angle uses her dream bath to gear up for or wind down from the commotion. "Taking a daylight bath in this setting really connects me to nature. I use juniper or rosemary essence before going out or, late at night, I'll use chamomile to relax."